

## **Broad aims for end of first GP post**

**Important note** - the list below is a broad guideline to help trainers and trainees plan the first 6 months in GP. It is not a prescriptive tickbox list and should not be rigidly applied to all trainees (who may or may not have done GP in FY2, and may be in the 1st or 2nd 6 months of ST1 or ST2).

*Bearing the above caution in mind, we feel that by the end of their first 6 months most trainees should be able to do the following:*

### **Relationships**

- Deal with the main consulting issue in 15 minutes (on average)
- Do independent home visits safely
- Give telephone advice appropriately
- Reach about half of the COT Criteria at a competent level
- Receive PSQ scores less than 1 mark below the mean
- Receive MSF scores less than 1 mark below the average

### **Diagnostics**

- No longer need to debrief every patient with trainer
- Deal with results safely
- Prescribe safely
- Reach half the CBD competencies at a competent level

### **Management**

- Prioritise their own daily workload (both clinical and educational)
- Do their own consultations in OOH setting
- Understand how to manage prescription requests and incoming letters (according to their practice's system)
- Use prescribing system appropriately
- Use the computer effectively in consultations
- Prepare appropriately for tutorials

### **Professionalism**

- Be aware of own limitations
- Set, work towards and evaluate learning objectives
- Respond constructively to feedback from MSFs and elsewhere

### **E Portfolio targets**

- Make regular e portfolio entries (2-3 learning log entries per week)
- Make entries which describe events adequately and show reflection on practice
- Link entries appropriately to curriculum statements
- Include a range of entries in different categories, including clinical encounters
- Show evidence of personal learning
- Maintain PDP targets